

The INSIDER

For Wynmoor Residents

VOL. 3, NO. 8 AUGUST 2019



Friday, September 13th





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and more!





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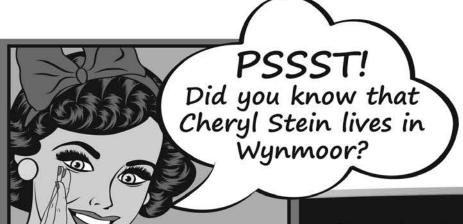
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We encourage your submissions. Please keep all articles timely, according to issue being published. Articles must be typed double spaced (upper and lower case), or **legibly** printed, signed and include the author's address and phone number. We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted material becomes the property of **The INSIDER** and will not be returned. The Insider is not responsible, and assumes no liability for the content expressed in any contributed material.

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NEIGHBORLY NEWS 200 Maximum
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ARTICLES OF INTEREST 450 Maximum

Articles must be typed or legibly printed. Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

<u>Deadline:</u> The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

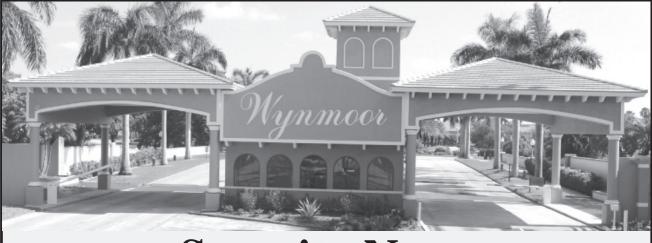
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Security News

Dispatch: 954-978-2667

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

In Case Of Emergency 9-1-1

In each unit, there is a button for emergencies. When this button is pushed, it is supposed to notify the guard gate that there is an emergency.

However, due to equipment problems and the age of the equipment located in each unit, the system is not working properly. Therefore, if you experience an emergency, you need to call 911. Do not rely or use the button in your unit.

Your Guest List

There is no longer a permanent guest list. The new Wynmoor Gate System brings greater security to our community. Unit owners or tenants are responsible to call in their guest, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guest has I.D. ready when approaching the gate for proper verification. Make sure your guest has the NAME and ADDRESS of the resident they are visiting.

Important Numbers

Hours of Operation

Administration/Pool/BBQ: 5:00 AM - 10:00 PM
Fitness Center: 5:00 AM - 10:00 PM
Country Club: 8:00 AM - 12:00 Midnight
Racquet Center: 6:00 AM - 11:00 PM
Theatre Complex: ...7:00 AM - 11:00 PM (unless there is a specific approved event)



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By Lynne List

What a treat is in store for us when on Thursday, March 19th and Friday, March 20, 2020 the Supper Club presents the Curtain Call Playhouse's production of the hilarious Musical Comedy, MidLife - The Crisis Musical. This show consists of a number of clever skits (like *Menopause*) about midlife maladies, for both men and women. Witty songs and vignettes examine the frustrations of mammograms,

love handles, proctology exams, reading glasses, menopause and much more. It is guaranteed that the humor will have you laughing at the middle age situations to which you can relate.

Prior to the show, Old Florida Catering will be serving you a fantastic sit-down plated dinner. It will start with a glass of wine (BYOB if you want more), followed by a salad of mixed field greens,

tomatoes, cucumber and olives, and a main dish choice of Chicken Marsala or Salmon in Lemon Dill Sauce with rice pilaf, and baby carrots. The dessert is an éclair and a sugar free one is available by special order. Naturally, there is soda, coffee, hot tea, and dinner rolls.

So, you will have a wonderful dinner and a full Broadway show by a professional cast for only \$35 per person, tax and gratuities included. All of this is right here in Wynmoor in the West Wing so there is no busing involved. Seating is at tables which hold up to 9 people. There are a few

tables available for 10.

In September, flyers and order forms will be emailed to former patrons and advanced purchasing for them will be available until December 2nd. Starting in December, order forms will be placed in the Country Club Library Carousel and advanced purchasing will be available until the end

> of January. In February, tickets will be sold in the Country Club Library every Monday and Wednesday afternoon until March 9th. Tables are assigned on a first come/first served basis so get your order in early for the best seats. You may order anywhere from 1 to 9 tickets.

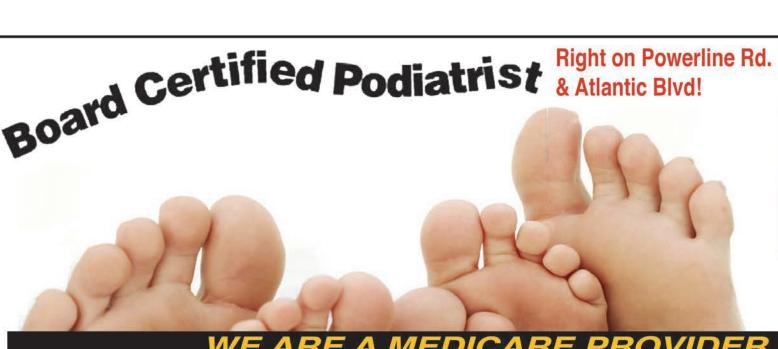
> Don't miss out on this hilarious musical. Watch your emails next month.

Unfortunately, I have bad news about the drama. Due to date conflicts and re-

straints, the Curtain Call Playhouse can only perform Terms of Endearment in May in Wynmoor. Since all our Snowbirds are gone by that time, it doesn't seem practical to offer the show so late in the Season. Hopefully, next Season, we will be able to offer a drama again. For those of you who wish to see the show, I will give you a list of venues where you might go.

Remember, if you are not presently on our mailing list, send your email and name to LLIST@juno.com and write "Supper Club" in the subject line.







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SERVICES 7:00 PM DINNER 8:00 PM

MONDAY, **SEPTEMBER 30**

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MINCHA 6:45 PM **TASHLICH** 7:00 PM MAARIV 7:30 PM

TUESDAY, **OCTOBER 1**

SERVICES 9:30 AM KIDDUSH TO FOLLOW

YOM KIPPUR



TUESDAY, OCTOBER 8

KOL NIDREI 6:45 PM

WEDNESDAY, OCTOBER 9

SHACHARIS 9:30 AM YIZKOR 11:30 AM NEILA 6:30 PM

FOLLOWED BY A DELICIOUS BREAK-FAST

SUKKOT 🗍



MONDAY, OCT. 14, TUESDAY OCT. 15 & SHABBAT OCT. 19

10:00 AM- SHACHARIS FOLLOWED BY A KIDDUSH IN THE SUKKAH

SIMCHAT TORAH



BH

MONDAY, OCT. 21

10:00 AM SHACHARIS 11:30 AM YIZKOR **FOLLOWED BY A KIDDUSH** 7:30 PM- BUFFET DINNER, LCHAIMS & DANCING

TUESDAY, OCT. 22

10:00 AM- SHACHARIS FOLLOWED BY **DANCING & LCHAIMS**

NEW THIS YEAR: Monthly Classes, Women events, Scotch & Sushi, *Call for your free Jewish Calendar!



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Mooning At Bear Lake

By Lawrence E. Correia

In the Summer of 1989,1 took my family on a trip to Provost, Utah to visit my brother Steven and his family. I must admit, Utah is a beautiful state with majestic mountains, a great Salt Lake and two very awe-inspiring canyons (Bryce and Zion). After three days seeing the sites, I made arrangements for both our families to spend several days at a timeshare on the Southern end of Bear Lake.

This lake shares two states. The Northern half is in Idaho and the Southern half is in Utah. To the West of the Lake, lies several rolling hills and to the East, a series of mountains that are part of the Grand Tetons in Wyoming. The waters of this lake are so pristine, calm and beautiful that it takes one's breath away. I must admit that I fell in love with the place.

Once we were all settled at the apartment, the next day, we drove East to Dinosaur National Park to satisfy the desires of my son and Steve's daughter. I must admit, I was also very curious and desirous to see the fossils at the park. It turned out to be a great day. On the drive back to the timeshare, I thought it would be a great idea to rent a pontoon vessel and picnic on the lake the following day.

I was able to rent a pontoon boat and managed to stock up on food, drinks and other supplies necessary for a great day on the lake. In fact, all six of us were wearing bathing suits to have some fun in the sun. It seemed that even mother nature worked a miracle to make it a beautiful day. We packed all our supplies on the vessel and then had my son and Steve's daughter put on their life vests and boarded the pontoon, along with our wives. Steve and I then proceeded to push the pontoon further out into the water so when we start the engine, it would not chum up the soil of the lake. With that accomplished, Steve boarded the vessel and I was to follow.

Then the unforeseen happened as I was attempting to board the vessel. A

projection caught on to the back of my swimming trunks. So, as I was going UP the ladder, the back of my trunks was going DOWN. In utter shock, I realized that I inadvertently mooned Bear Lake. I immediately back stepped and unhinged my trunks. All afternoon, my family good naturedly teased the dickens out of me for the mooning. In spite of the incident, we had a great time swimming and having a picnic on the pontoon. All I can say is that I apologize to all citizens of Utah and Idaho for the mishap.

Except for this incident, the day and the trip are something both families will never forget and that definitely includes the mooning.

A Day On The Trike

By Lawrence E. Correia

It has been some time since my wife Lynn mentioned her desire to have a bicycle as a tool for exercise. The only problem being that she had difficulty maintaining her balance on a two- wheeled bike. So, my method for solving this dilemma was to purchase a tricycle in the hope of finding an antidote to maintaining her balance. On Mother's Day, I purchased a Schwinn tricycle to meet my wife's exercise needs. Lynn absolutely loved this beautiful burgundy red vehicle with white stripes, a basket behind the seat, front and rear lights which is a delight to the eyes. My reward for presenting her with this gift was a smackadacious kiss and a heartfelt bear hug.

On the day we took out the trike for riding, it was agreed upon that I too will ride the trike after Lynn rode her laps. It was then we realized that though our legs were strong enough for walking the three-mile circle at Wynmoor, they did not have the muscular strength to apply the force needed to peddle for three miles. We then decided to tackle this problem in stages to build up our strength.

The solution to solving this problem of our weak leg muscles was to find *Continued on page 8*

If your walls could talk, they'd thank you.



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Pen to Paper continued from page 7

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an area suitable for doing things in stages. As it turns out, the area in which we live (Antigua II) has a circumference of half a mile. So, it was decided that we would each take two laps around Antigua for a distance of one mile, and planned to take our rides a 7:00 PM when it would be light and cool enough for the workout.

Man alive we really didn't realize how weak our leg muscles were peddling that first mile.

I can honestly say that it strengthened our resolve to accomplish the task we set for ourselves. Lynn stated, "let's continue riding one mile each evening for a week to build our leg muscles then increase our laps one extra half mile each week as our legs became stronger."

To make our struggle more enjoyable, on the second evening we brought

our poodle, Coco along in the basket. At first, we were worried he might jump out but to our surprise, he merely put his head over the edge of the basket and took in all the sights. There we had this snow-white poodle, with his hair blowing in the breeze, delighting many of our neighbors as they watched him sitting in a basket being taxied about the development, and in style. Coco seemed to enjoy the entire experience, and to tell you the truth, his presence in the rear basket made our efforts bearable.

As it turns out, yesterday evening, we completed a week of 1-1/2 miles and tonight we'll begin our workout of 2 miles. I honestly believe that the one thing that gives us the drive to building up our strength and to keep going is watching Coco behind my wife and I as we continue to pedal on. To tell you the truth, his presence in the rear basket made our efforts bearable.

SPEED LIMIT 25

SPEED LIMIT 15

Tubs

Floors

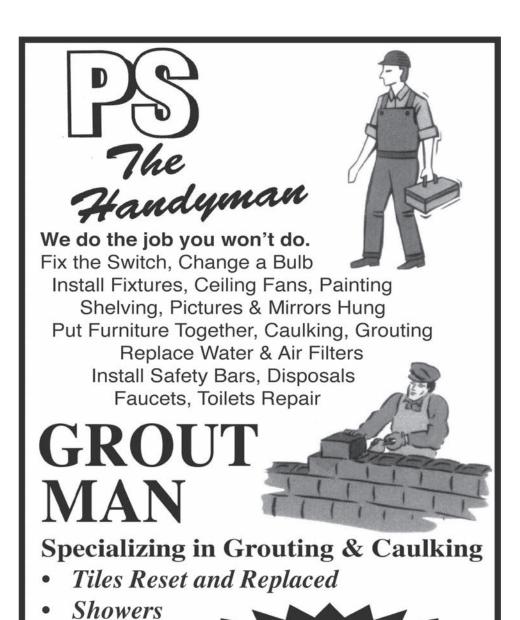
Sealing

Traffic Violations

The speed limit on Wynmoor Circle is **25mph.** The speed limit in the villages is **15mph.** There is absolutely NO PASSING on Wynmoor Circle ad all STOP SIGNS MUST BE observed by residents and guests. All residents and guests are required to abide by Wynmoor Rules and Regulations.

FIND OUT WHAT'S HAPPENING IN WYNMOOR!

Come to the Management Meetings every
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Comments and questions are welcome during
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CAMERA CLUB

We hope you enjoy these photos taken by some of Wynmoor's photographers.



David Guttman - Beauty



Ilana (This is ilana) Shimony - Fish



Richard Finucaine - Yellow-Morning

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Your trip may be on someone's "Bucket List."
The INSIDER would love to share your experience with your
Wynmoor neighbors.

Wynmoor neighbors.
Send a small summary of your "unforgettable trip," along with up to 3 photos, to our email: wynmoorads@aol.com

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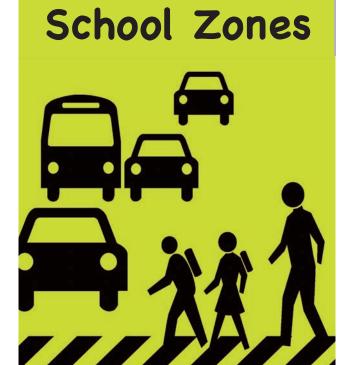
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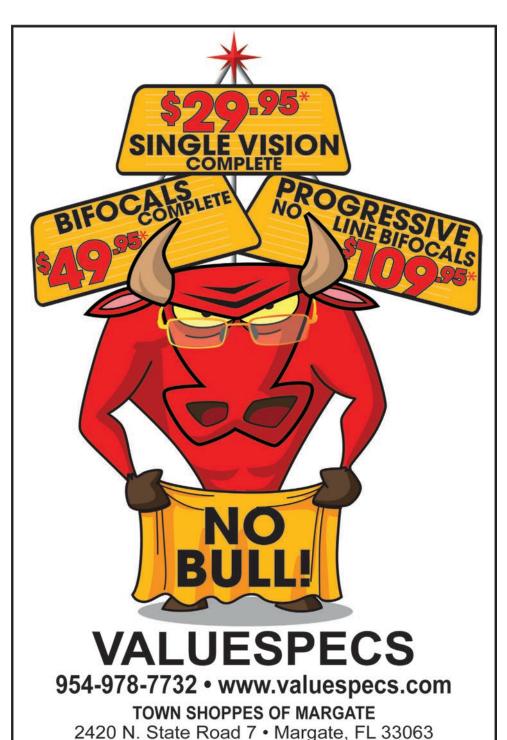
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Saturday, August 10th - Time: 8:00 PM - Price: \$12

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Saturday, August 17th - Time: 8:00 PM - Price: \$10

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Saturday, August 24th - Time: 8:00 PM - Price: \$10

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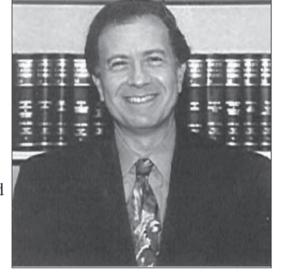
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Safety Solutions

By Scotty Leamon

Public Safety Information Officer, Coconut Creek Police Department

They Can't Read Your Computer's Mind



I have noticed a few reports recently involving fraudsters targeting some Coconut Creek residents in the "computer repair" scam

Here's how it works:

- 1) You get a phone call or an email that your computer is infected with a virus, that it's running too slowly, or any one of a myriad of other problems the scammer can make up.
- 2) The scammer claims to be in "tech support," and says he or she
- has the perfect antidote to all your computer woes and tells you they'll fix everything... for a price.
- 3) This is usually where the scammer will ask you to go out and buy gift cards and give them the numbers on the cards, which they say will pay for the "repairs." They might also try to convince you to give them personal information, such as your own credit card number.
- 4) The scammers get away with your money if you buy the gift cards and get you to give them all the numbers on it. If you give them your credit card information over the phone, they use that to charge items on your card.

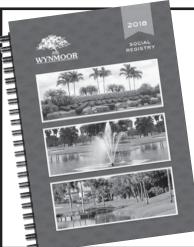
If this ever happens to you, please ask yourself: "How did they read my computer's mind?" I mean, how did they all the sudden know to contact

you out of the blue and have the perfect fix for your computer?

If you're like me, you think something's always wrong with your computer. Why is it running so slow? Why won't it download this picture any faster? What's up with this pop-up ad and where did it come from? Then I remind myself that maybe it isn't my computer. Maybe I'm just too impatient (which I am). It's not that there's anything wrong with my computer, it's that the bad guys will try to take advantage of that notion by offering solutions to problems that don't actually exist.

Here's how to avoid the computer repair scam:

- 1) If anyone calls or emails claiming to be some type of "tech support" from any type of company, just hang up. Remember to ask yourself: "How would they know about any issues with my computer in the first place?"
- 2) Invest in some good anti-virus software. Any computer store, or specialty store such as Best Buy, can help with options on what to install on your computer. You can also talk to a trusted friend or family member about ideas if they are a little more computer knowledgeable.
- 3) Log on only to secure websites. You can tell if a website is secure by looking for a little symbol that looks like a lock near the web address up at the top end of your screen.
 - The bottom line is be very skeptical when you get any type of phone call from some "knight in shining armor" claiming he can magically fix a problem you didn't even know you had. Remember that the scammers don't want to help you. They only want to help themselves to your hard-earned money.



Your updated information for the 2020 Wynmoor Social Registry is needed.

Many residents have given up their land lines and are using their cell telephones as a main number. You will receive a permission form by mail or email. **Return it ASAP. DO NOT ASSUME YOU ARE IN! WITHOUT THIS NEW AUTHORIZATION FORM**, you will be **OMITTED**.

NEW INFO: You CAN be included WITHOUT a phone number! See page 22 for more info

Change or remove your information from the Registry. It's your choice, and **NOW** is the time to make it.

Your attention to this matter is greatly appreciated by the staff of the Wynmoor Social Registry.

Thank you for your cooperation.

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-CHICKEN-

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-FISH-

Tilapia in Lime Sauce Tilapia Lebornes Tilapia Piccata Grilled Tilapia Tilapia Franchaise Fish Fillet in Coconut Sauce Fish Fillet in Red Sauce Grilled Fish Fillet Grilled Salmon Whole Red Snapper Shrimp Primavera Grilled Shrimp

Paella

-SEAFOOD-

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PORK

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Those wishing to obtain a new barcode should report to the New Resident Office in the Administration Building. Don't forget to bring your vehicles car registration with you.



Thursday Night

Bingo will be held in the Ballroom. Doors open at 6:00 PM, game begins at 7:00 PM. All Wynmoor residents are welcome!



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ROCKETMAN

2 Hrs. 5 Mins. - Rated R

Sunday Aug. 18 2 & 8* PM Monday Aug. 19 8 PM Tuesday Aug. 20 8 PM Wed. Aug. 21 2 PM*



LATE NIGHT

1 Hr. 42 Mins. - Rated R

Sunday Aug. 11 2 & 8* PM
Monday Aug. 12 8 PM
Tuesday Aug. 13 8 PM
Wed. Aug. 14 2 PM*



OPHELIA

1 Hr. 54 Mins. - Rated PG-13

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 Aug.
 25
 2 & 8* PM

 Monday
 Aug.
 26
 2 & 8* PM

 Tuesday
 Aug.
 27
 8 PM

 Wed.
 Aug.
 28
 2 PM*



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Kevin Rader

State Senator, District 29



Dear Friends,

I hope you all are still enjoying the Summer, but I want to remind you that we are in Hurricane Season until the end of November. As you may recall, four hurricanes have made landfall in Florida in the last three years, including Hurricane Michael which was the first Category 5 since Hurricane Andrew in 1992. In my previous article, I explained the importance of being hurricane ready by making a plan, building a kit, and staying informed. I will expand on the topic by focusing this article on planning for

your home before a hurricane reaches land and emergency numbers that may prove helpful.

Hurricane Home Preparedness

Much of the damage that hurricanes cause tends to be at the exterior of the homes due to high wind speeds. Some efforts can be made as a precaution to reduce harm to your home. It is recommended by the Florida Division of Emergency Management to reinforce five critical areas: roof, straps, windows, doors, and garage doors. Wind research has found that by taking steps to protect these areas, home exteriors are strengthened, which causes less damage by wind or debris.

Furthermore, it is also suggested that you bring lightweight and loose objects (such as patio furniture and garbage cans) inside to prevent them from becoming projectiles in high winds. Not all outdoor items are safe indoors (for instance, propane tanks), so be sure to anchor them well. Lastly, it is a good idea to remove or trim trees that are close to homes or buildings.

Emergency Numbers

• State Assistance Information Line: 1-800-342-3557

American Red Cross: 1-866-GET-INFO (438-4636)

FEMA Helpline: 1-800-621-3362

Florida's 2-1-1 HelpLine: 211 Florida Power and Light: 1-800-4-OUTAGE (68-8243)

Florida Department of Transportation: 511

Please do not hesitate to contact my office for any issues or concerns.

District:

5301 N. Federal Highway Suite 135 Boca Raton, FL 33487 561-443-8170

Tallahassee:

222 Senate Office Building 404 South Monroe Street Tallahassee, FL 33344 850-487-5029

Rader.Kevin.web@flsenate.gov

Mailbag

A Big Thank You

This is to thank the two good Samaritans who helped me on June 27, 2019. While walking on Wynmoor Way with my cane, at 4:30 PM, a woman in a white SUV stopped and tried to speak



to me but I could not really hear her due to my hearing loss and the sun shining in my eyes, so I stepped from the sidewalk down the grassy area. I guess she wanted to help drive me to my apartment but I declined and started to walk to the sidewalk. Not realizing the grassed area was on a slope, I missed my footing and fell on the sidewalk. At that point, a car in back of the SUV stopped, the driver got out and also came to my aid. This gentleman then sat me in his car and drove to my apartment 1 block away, parked and made sure I could walk to the elevator. Fortunately, I only got a "boo-boo" of a badly scrapped knee cap. Again, thank you so much for your help.

Barbara Milkes



Savoring Fine 20th Century Art At Sacramento's Crocker Art Museum

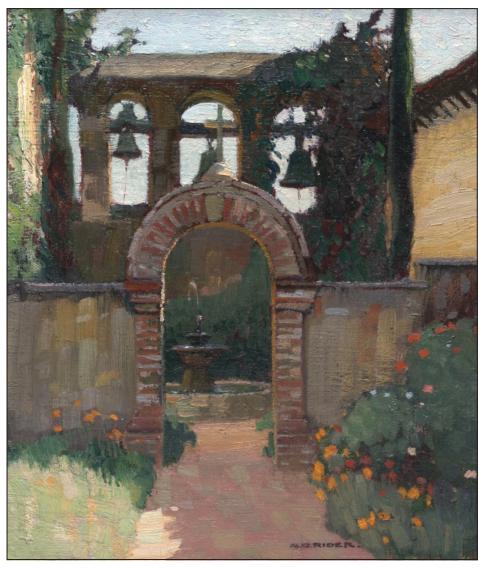
By Barry Isaa



In late June, Annette McKinney and I went to Sacramento, the capital of California. We visited the wonderful Crocker Art Museum. Since the Crocker Art Museum is relatively large, this review is limited to its fine collection of 20th Century Art, primarily by American Artists. Many of the paintings that we enjoyed had California subject matter such as: John Gamble's, "Spring Flowers," William Jackson's, "Poppyfield On Bay," Paul Sample's, "Port Of Stockton," Arthur Rider's, "Bells Of San Capistrano," a paragon of California Impressionism, Arthur Mathews' "Vision Of Saint Francis" with its California scenery, and Maynard Dixon's, "Glacial Meadow." Other 20th Century paintings that captivated us from its permanent collection were: William Clapp's, "fine Pointillistic painting, "Desert Bridge, Holbrook," Conrad Buff's" with its unique thread-like brushstrokes, "Canyon de Chelly." Masami Terooka's, "Tale Of 1,000 Condoms," Christopher Brown's, "Winter Blue Cold," Irving Norman's punctilious, "Celebration," Gregory Kondos' "Rutherford Vines," and Contemporary Artist, Wayne Thiebaud's, "Boston Creme Pies" and "Streets And Shadows." We also were fascinated with these delightful paintings that had political subject matter: Roger Shinomura's, "Nightwatch," pertaining to the detention of Japanese-Americans, during World War II and Richard Notkin's, "All Nations Have Moments Of Foolishness."

The temporary exhibit pertaining to the very inventive creations of Richard Jackson was also very special and whimsical. We relished his depiction of bears urinating in his clever work, "Pump Pee Doo," as well as his creations, "Big Girl" and "Dick's Big Duck," perhaps satirizing Donald Duck.

So, it was a pleasure to be among so much treasure at Sacramento's Crocker Art Museum.



Arthur Rider's "Bells of San Capistrano"

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Wednesday Night Pool Tournaments

Join us every Wednesday night at 6:00 PM. This Tournament is handicapped for all skill levels. All Residents and their guests* are welcome! Enjoy AC comfort while having fun and meeting new friends!

Weekly Winners:





Week 21: We played 8-Ball tonight. Each player played 13 games against a different opponent for each game. The winner was Jim E with 11 wins. Second place was a 4-way tie between Ralph, Bob H, Franco and Terri, not pictured, with 10 games won by each.

Photo A: The winner Jim E. / Photo B: L to R: Ralph, Bob H, Franco





Week 22: Jon got the trophy for 1st place with 12 wins (out of 12 games). There was a three-way tie for 2nd place between Sal (not pictured), Franco & André who had 9 wins each. Tony pictured, Tommy and Amy (not pictured), shared 3rd place with 8 wins each.

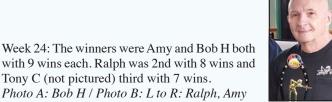
Photo A: L to R: Jon & Franco Photo B Andre & Tony





Week 23: Rassool is back in the winner's circle with 12 wins with Tony C second with 10 wins.

There was a tie for third with Terri and Norm with 9 wins each. *Photo L to R: Terri, Rassool, Tony C & Norman*



Thoto A. Boo III Thoto B. Eto K. K

Week 25: It was a three-way tie for first; Tommy (not pictured) Jim and Rassool. In second place were Norman and Ralph (not pictured). *Photo L to R: Jim E, Rassool, Norman*

Please bring your Wynmoor ID cards. *guest pass required for non-residents.

For more information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting, email *WynmoorPoolClub@gmail.com*, or come into the room and look for event sign-up sheets. You can also join our Facebook page "*Wynmoor Poolclub*"



Articles that are submitted to the INSIDER Newspaper,

must be clearly written, or preferably typed in upper and lower case and have a contact number for questions (not for publication).

IT IS IMPORTANT

that the information submitted is TIMELY.

Please watch dates!

Your photos are welcomed as well!

Our deadline is the 10th of the month preceding an issue.

Ex. Aug. 10th for Sept. issue.

If the 10th falls out on a weekend, we will check the box on the following Monday.

All articles collected after that will go in the following issue.

Thank you, Insider Staff



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If You Now Have Equity In Your Home, Consider Doing A Trust

By Martin Zevin, Attorney

In 2012, I wrote an article recommending against doing a Revocable Living Trust if you were "underwater" with your mortgage. Many of my clients had bought or refinanced from 2004 to 2006 at the top of the market.

However, the last seven years have seen significant increases in property values. This has resulted in many homeowners now having positive equity. If prices continue to rise, many more homeowners will have some positive equity.

In the article I wrote in 2012, I advised clients to live long enough to see their properties increase in value to exceed the amount of the mortgage. At that time, they could come back to me to discuss a Revocable Living Trust. That time is now here.

Without equity in your home, it does not make sense to pay an attorney the fee and costs involved in creating a Trust, since you would be burdening your heirs with a property that has a negative equity. However, once that equity turns positive, you are doing your heirs a favor by eliminating the time and money involved in going through probate. Probate can take a year and cost thousands of dollars in fees and costs.

Remember also that the Trust is called a "Revocable Living Trust." This means that, as long as you are alive, the Trust remains with you. You can always sell your home and buy a new home as Trustee of your Trust. You



do not need to change the Trust unless you want to change the beneficiaries for the new property. You can also buy additional properties, in Florida or out of state, as Trustee of your Trust.

Therefore, if you now have equity in your home, you should seriously consider creating a Trust. Transferring your home to the Trust will not change your homestead or your real estate taxes.

In addition, regardless of the equity in your home, it is extremely important to have current advance care directives to protect you if you are incapacitated. These include the Durable Power of Attorney (which must specifically include the address of your property) as well as the Designation of Health Care Surrogate and Living Will. New Florida laws could mean that your current

documents need to be revised.

Please feel free to call me for a free personal or phone consultation regarding any issues pertaining to Wills, Trusts, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for free consultation regarding personal injury claims or car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com See my ad on page 11.

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Please call me, **EVETTE** at **561-364-8659** or on my cell phone **954-734-3449** if you would like to discuss or get additional information. Just Imagine, Freedom from Bladder Problems.



News Around Town...

Come Home To Your New Spiritual Home, Temple Beth Am

By Linda Storfer

It is not too early to start thinking about the High Holidays which arrive at the end of September this year. New membership registration is underway and holiday ticket sales are going on right now. Temple Beth Am is a friendly, "Hamish" egalitarian Synagogue located at 7205 Royal Palm Blvd in Margate led by Rabbi Samuel Kieffer, Senior Rabbi. Temple Beth Am is open to families with young children and teenagers, couples and singles. It offers a dynamic array of programs and services, including weekly Friday night and Saturday morning services, daily Minyon, lectures, Friday night dinners, concerts, adult education classes, weekly Bingo games, a Shabbat study group and a Hebrew school which meets one day on Sunday mornings.

Mark your calendars to join us at our Happy Hour on Friday night, August 23rd at 5:30 PM, proceeding Sabbath services. Bring your friends. Open House for new members will be held on Sunday morning at 10:30 AM on August 25th. Everyone is welcome to attend. For further information about TBA events and membership, please call the office at 954-968-4545.

2020 WYNMOOR SOCIAL REGISTRY

Good afternoon everyone,

For those of you wishing to list your name and address ONLY in the 2020 Social Directory, we can accommodate you. Please click on the link below and complete the attached form.

Whether or not you list a phone number, deadline for ALL entries is August 15th.

Forms available in Council Office if needed.

Fred J. Michael

Director of Association Affairs **Wynmoor Community Council** 1310 Avenue of the Stars, Suite 215 Coconut Creek, FL 33066 Office: 954.978.2600, ext. 342 e-mail:_fredm@wynmoorcc.org





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POETS and **POETRY**

Sisters

By Lil Miller

My sister does not have to be of kin! But one who dwells in the heart within. A neighbor, a friend, or one who lives far away!

That will share her thoughts and deeds of the day!

Comparing notes, bringing smiles and Sunshine your way!

Maybe she bakes bread!

And you swap a flower bringing chatter and kisses that soon follow!

We are all sisters and brothers, and need a handshake and hug

to make rainbows appear on a dreary day!

In The Land Of The Free By Leah Miller

I watch T.V.

CNN

MSNBC

People in cages

Dead babies

Concrete floors as a bed

No room to lie down

Or food and water ... toilets,

People crowded up against each other

T.V. cannot yet transmit odor

Yet it was the stench

That got me

I can still smell it.

Special Angels By Lil Miller

Special angels come in many disguises, many shapes, forms and sizes. A letter, phone call, ride or a helping hand to the needy. We are too busy or lost in self to notice their presence in our day! They are the caretenders of the soul, whose strength we take without being told. They seek no glory or praise for what they do! Just giving it all away to you. Faith, love and love – giving daybreak another day! Their shoes would be hard to fill - unless you feel this special thrill!

No matter what condition you might be in, just giving a smile or even a hug keeps the chain of special angels unbroken! Be that special angel – just for today. Gladden the heart in words you say – even the happy ones will have a better day.



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Don't Chase Last Year's Mutual Fund Category Winners

The world of mutual funds can be confusing. With more than 9,000 funds on the market, how can you choose the ones that are right for you?

One way to start is by considering the various *categories* of mutual funds and there are quite a few of them: Small Cap Growth, Large Cap Growth, Large Cap Value, Diversified Emerging Markets, Foreign Large Cap Blend and more. The list is extensive, and for many people, confusing.

However, with a little study, you can understand why these funds have their names. For example, a Small Cap Growth fund will contain stocks of smaller companies thought to offer growth potential. Once you know the goals of different categories of mutual funds, you can determine which ones fit into your overall investment strategy.

This is important, because you want to ensure your portfolio is appropriately diversified. For example, if you find that almost all of your mutual funds come from the above-mentioned Small Cap Growth category, you may be taking on more investment risk than you'd like, because funds that offer the greatest growth possibilities also usually carry the highest degree of market volatility. Typically, you may be better off owning an array of mutual funds drawn from several different categories, with the percentage each category occupies in your portfolio based on your goals, risk tolerance and time horizon. (Keep in mind, though, that while diversification can help reduce the effects of volatility, it doesn't guarantee a profit or protect against losses in a declining market.)

You might be tempted to choose categories by looking at which most recently outperformed the others, and just stick with those groups. But is this a good idea?

It probably isn't and the main reason you shouldn't chase performance this way is because things change very quickly in the mutual funds' arena. It's quite possible, and has happened many times, that the top category last year can fall into one of the worst-performing ones this year, and vice versa. Consequently, your efforts to capture a winning trend may be futile.

Of course, within the context of investing in various mutual fund categories, you still need to choose individual funds. And, as is the case with categories, you might be tempted to give considerable weight to a fund's track record. But, similar to the situation with fund categories, "chasing performance" is typically not a good strategy. After all, last year's "hot" fund may have cooled off considerably this year. Nonetheless, reviewing a fund's longer-term track record can help you understand how it might perform through the ups and downs of the financial markets. Always keep in mind, though, that past performance can't guarantee how the fund will perform in the future.

Mutual funds are popular investments and for good reason. Since each fund generally contains dozens of securities, you get a degree of diversification you can't achieve from owning individual stocks or bonds. And, as discussed above, you can diversify further by owning funds from several categories. Just remember, though, that as you build your mutual fund portfolio, don't get caught up in last year's results because old news just may not be that relevant today.

Mutual fund investing involves risk. Your principal and investment return in a mutual fund will fluctuate in value. Your investment, when redeemed, may be worth more or less than the original cost.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.





Jordan T Spohn, CFP®, AAMS® Financial Advisor

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WYNMOOR Golf and Tips

Chipping Strategy And Technique



A chip shot is characterized by a ball that rolls on the green more than it flies in the air. Conversely, a pitch shot flies more in the air than rolls.

Typically, a chip is employed closer to the green without having to fly any bunker or rough. Your ball position should be based on your lie and distance to the pin.

Wynmoor has many uphill chips from the front of the green. With this in mind, an aggressive setup with the ball positioned near your trail foot and the handle more forward, will give you a lower trajectory and more solid contact. The contact will be more crisp and actually de-lofts the club you choose. If the pin is toward the middle or back of the green, this will help insure your chip has enough roll out to reach the hole.

Remember, "your worst putt is your best chip" strategy means choosing your putter on the fringe of the green should be more consistent when the fringe is level and relatively short grass.

On a more level lie with the pin closer, a more finesse chip would be to position the ball in the middle of your stance and less handle leaning forward for softer contact.

The ball further back in your stance always has the best click and contact so make sure you choose this percentage position when needed around the green.

Kevin Battersby PGA 954-444-1031

Kevin@battersbygolf.com Group classes: AM and PM Private lessons by appointment



More aggressive chipping setup. Ball further back in stance, weight more left, handle more forward



Softer chip shot setup. Ball more centered, handle slightly forward



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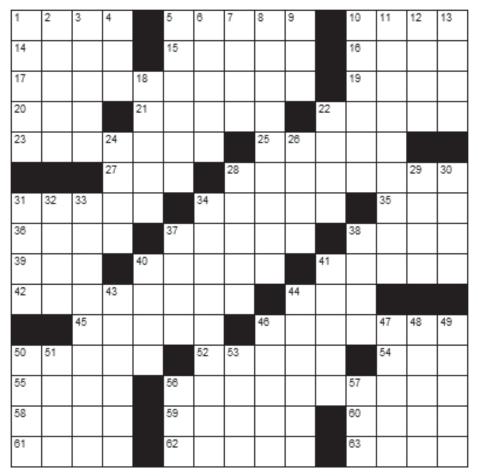
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Puzzles and Games

Solutions on page 50

Crossword Puzzle



ACROSS

- 1. Beseech
- 5. Incline
- 10. Hits
- 14. Adjutant
- 15. Claw
- 16. Govern
- 17. Flight attendant 19. French for "State"
- 20. Cool, once
- 21. Style of neckties
- 22. Sunrises
- 23. Astraddle
- 25. Draw forth 27. Citrus drink
- 28. Clairvoyants
- 31. Sharpshoot
- 34. A friction match
- 35. A state of SW India
- 36. Paddles
- 37. Handouts
- 38. Units of resistance
- 39. Pother
- 40. Past tense of "will"
- 41. Entry permits
- 42. Jaguars
- 44. Buff
- 45. Pier
- 46. Humanity

- 50. Sound of contempt
- 52. Depart
- 54. Loving murmur
- 55. South American
- 56. Sequence
- 58. Boats
- 59. Academy award
- 61. The bulk
- 62. Shown (archaic)
- 63. One who colors cloth

DOWN

- 2. Rituals
- 4. A type of evergreen

- 7. Margarine

- 18. Remain

- country

- 60. Likewise

- 1. Ottoman title
- 3. Apt

- 6. Soup server
- 8. Had
- 9. NNNN
- 10. Transgress
- 11. Preponderates
- 12. Scheme
- 13. Collections

- 22. Leader
- 24. Whacks
- 26 Colors
- 28. Tugs
 - 29. Unwakable state
- 30. Back talk
- 31. A cleansing agent
- 32. Nil
- 33. Iron goods
- 34. Act of bluffing in poker (2 words)
- 37. One who
- accomplishes
- 38. Pig sound
- 40. Huh?
- 41. Windmill parts 43. Push forcefully
- 44. Bar
- 46. Long-tailed parrot
- 5. Walk with long steps 47. In a cold manner
 - 48. Hangman's knot
 - 49. Giver
 - 50. Unwanted email
 - 51. Roman emperor
 - 53. Behold, in

 - 56. Mayday

 - 57. Unhappy

a WORD or Two

Word: provender

Definition: dry food for domestic animals : <u>feed</u>

Example: The restaurant's chef-owner prides himself on creating dishes from local provender.

Word: nosegay

Definition: a small bunch of flowers: posy

Example: "On arrival, the Queen was presented with her traditional nosegay of fresh spring flowers...." — Robert Hardman, The Daily Mail (London), 19 Apr. 2019

Sudoku

		U	uo	110			
1					3		
	3			7	8		
7				5		3	4
		2				3	8
					5		
2				9			
	6	3				9	
		3	8				5

Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Summer

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.

L O G FFAEOAEEA S S В INEDRA GSU NSH $N \in N$

ANTS FISHING JULY **SUNBURN FLIES AUGUST JUNE SUNGLASSES FLOWERS BARBECUE MOSQUITOES SUNSCREEN BASEBALL GARDENING** NO SCHOOL **SUNSHINE BEACH GOLF PICNIC SUNTAN BEES GREEN GRASS** ROLLER BLADES SWEAT BICYCLE HAT SANDALS **SWIMMING BLUE SKY** HIKING **SKATEBOARD** U V RAYS WASPS **BOATING HOLIDAYS** SOCCER **BREEZE** HOT WATER FIGHTS SOLSTICE

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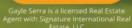


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Gayle Serra 954.895.0525





Marienza Rivera 954.608.2874

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1501 Cayman2/2, Seasonal, Washer and Dryer, Close to Theater/Main Pool	\$ 2400/mo.
1801 Eleuthera 2/2, Corner Evergreen, Water View, Washer/Dryer	\$ 1500/mo.
2001 Granada2/2, Annual With W/D	\$ 1350/mo.
2006 Granada 2/2, Water View, Some Updates	\$ 1500/mo.

2004 Granada 2/2, Completely Remodeled, Washer/Dryer\$	179,000
1802 Eleuthera 2/2, Move In Condition, Lake and Fountain Views\$	136,000
3203 Portofino2/2, Complete Remodel, Lake and Golf Views, New Floors\$	165,000

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2004 Granada 2/2, Completely Remodeled, Washer/Dryer\$	179,000
1802 Eleuthera 2/2, Move In Condition, Lake and Fountain Views\$	136,000
3203 Portofino2/2, Complete Remodel, Lake and Golf Views, New Floors\$	165,000
FOR SALE	
3304 Aruba1/1, W/D, Pool View, New Paint\$	74.999
3306 Aruba2/2, Remodeled, W/D, Golf View, Tile Throughout\$	
2502 Antigua 2/2, Nice Updated Unit With Lake View\$	
2504 Antigua 2/2, Turnkey Condition, Overlooks Pool\$	
2503 Antigua 1/1, Upgraded Unit\$	85,000
3501 Bimini2/2, Completely Remodeled Corner Luxury Model, W/D Golf View\$	245,000
1107 Bahama 1/1, Upgraded Unit\$	55,000
3403 Bimini2/2, Luxury, Beautifully Renovated, W/D, Lake Views\$	177,900
3501 Bimini2/2, Beautiful, Renovated Deluxe Model, W/D, Golf View,\$	
3502 Bimini	
1905 Bermuda 2/2, Great Views, Needs Some Updates\$	
1903 Bermuda2/2, Desirable Ground Floor, Lake/Fountain View, Completely Remodeled\$	
1804 Eleuthera 2/2, Completely Remodeled, Gorgeous Ground Floor, W/D, Fountain View\$	
2004 Granada 2/2, Priced For Quick Sale, Completely Renovated, W/D Deluxe Model\$	
2005 Granada 2/2, Deluxe Model, Completely Remodeled	
2004 Granada 2/2, Beautiful Updates, Pool Views, Enclosed Patio\$	
2005 Granada 2/2, Remodeled, Lake View, Move In Ready	
2201 Lucaya2/2, Remodeled Unit, Open Kitchen, Priced to Sell\$	THE RESERVE TO THE PARTY OF THE
2201 Lucaya2/2, Deluxe Model, Original, Good Condition\$	
2302 Lucaya2/2, Updated Unit With A Very Nice View\$	
4302 Martinique 2/2, Spacious Deluxe Corner Unit, Golf Views\$	
2703 Nassau	
3005 Portofino2/2, Beautiful, Completely Renovated, Lake/Fountain View\$	
3005 Portofino 2/2, Water View, Some Updates\$	129,999
2903 Victoria1/1, Freshly Painted Unit\$	75,000

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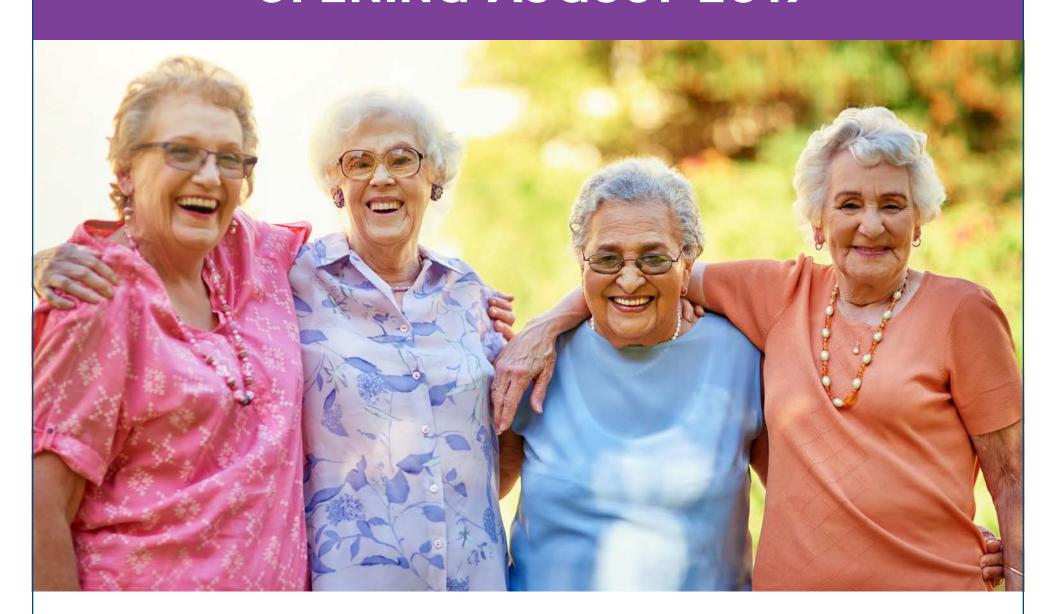
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City

Matters

By Commissioner, Mikkie Belvedere

Happy birthday and happy anniversary to all celebrating this very warm August, the last of the Summer months. August 5th - 11th is also smile week. Try smiling at a neighbor. You may be surprised and receive a smile back.

Please don't forget that we are in Hurricane Season so be sure to have enough water and food for at least three days, fill up your car at regular intervals and keep cash handy. August is the time when the Commission meets only once instead of the usual two times a month.

The city keeps working on all levels. City Hall construction has been completed and work is continuing with solar for the roof and upgrading the City Manager's offices. We are not using tax dollars for this. Work will begin in the very near future on Lyons Road, street lights on both sides of Coconut

Creek Parkway, and the beautification of the lake near Coconut Creek High School. You may also see the utility boxes covered with beautiful art work.

The city is very proud of our employees. We are a family. We believe in a culture of well-being. We give our employees time for exercise, get out and walk around City Hall, Weight Watchers, yoga and more. This year, the city employees won the Cigna highest workplace wellness designation called the "Outstanding Culture Of Well-Being" award. Three hundred and

one organizations applied Nationwide, including twenty in our region and our employees were one of three winners.

Remember to make sure that any construction or renovation is approved by the architectural committee and all permits are properly posted on your window so that your neighbors and especially your Director are aware. Wynmoor has to abide by all city codes.

Medical equipment such as wheel chairs, walkers, canes and more are collected in our security office. They are donated to food for the poor to be shipped to Caribbean islands where needed. Please bring your equipment to the security office or call to have them picked up. Thank you.

Please remember to drive carefully every day but especially on August 14th, the first day of school.

Lots of students will be on the roads.

On September 21st, the Multicultural Circle Annual Artsfest will be taking place at the Coconut Creek Community Center. Come enjoy music, food trucks, artists, face painting, and more. The country featured this year is Germany for Octoberfest.

I can be reached at 954-803-7696 for comments or questions. Have a great day and keep smiling.



SPEED LIMIT 25

Traffic Violations

The speed limit on Wynmoor Circle is **25mph.** The speed limit in the villages is **15mph.** There is absolutely NO PASSING on Wynmoor Circle ad all STOP SIGNS MUST BE observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**

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Service Equals Reward

By Sheriff Gregory Tony

Committed To Protecting Broward Schools

Public safety has always been my highest priority. In the eight months since becoming your sheriff, the Broward Sheriff's Office has worked hard to address one of the greatest concerns of Broward County: school safety.

BSO deputies have undergone intensive training in preparation for any public safety threat. We are working together with the school system to ensure our schools are a safe place to learn for every child in every school. We have made changes, but we will not rest on our accomplishments; we will continue to find better ways to protect our schools.

In response to the recommendations of the MSD Commission, we introduced new proactive initiatives throughout BSO. We forged federal partnership agreements

with the FBI, FEMA and the Department of Homeland Security training divisions, focusing on active shooter and rapid response training. We have established a Threat Management Division and improved the way we gather intelligence and respond to potential threats. We now have cutting-edge technology to identify and investigate potentially dangerous threats to our community. An extension of that division is the Real Time Crime Center (RTCC), which allows for real-time monitoring and analysis of important investigative information during a critical incident. We also have direct access to video surveillance systems that monitor nearly 10,000 cameras in all Broward County schools.

Recently, BSO partnered with SaferWatch, an innovative mobile app



that allows users to report non-emergency incidents and crime tips in real time directly to BSO. The app covers more than 440 public, charter and private schools in Broward County and gives students, parents and teachers the ability to submit photos, videos, audio files or text messages anonymously. The information is immediately sent to BSO for appropriate action. It also provides our law enforcement districts with the ability to communicate important real-time information directly with residents. Whether it's a crime prevention tip, safety alert, traffic advisory or other important information, SaferWatch alerts will be sent directly to your mobile device for immediate notification. I encourage all of our residents to download the free SaferWatch app and subscribe to the BSO district

closest to them. Download the app at BrowardAlerts.com

As the new school year approaches, I want to remind our community of some basic safety tips. When driving, approach all crosswalks in and around school areas with caution and do not text on your cellphone. It's the law. Observe the posted school zone speed limit. When walking or riding a bike to school, map out the safest route in advance and always remember to use a crosswalk. For more back-to-school safety tips, please visit sheriff.org/community

Although we have accomplished a lot in these last eight months, we are just getting started. I will never lose sight of our mission: to keep our community, especially our schools safe.

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Coconut Creek Police Officers Play 8-Ball With Our Billiard & Pool Club

We had a special event when a group of Coconut Creek Police Officers visited Wynmoor to play 8-Ball with members of the Wynmoor Billiard & Pool Club.

We had more than 50 Residents turn out to play or watch this event.

Lloyd Naftolin, a Wynmoor resident put on a demonstration of trick shots which was enjoyed by all.

The event was organized by the Club's Co-president, Ralph Rubin, the

Wynmoor Women's Team, the MzCues, leader, Terri Cash and Officer, Mike Zombeck of the Coconut Police.

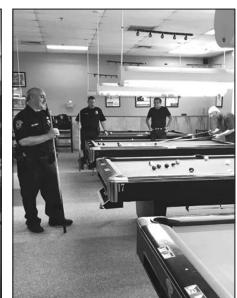
Special thanks to the MzCues' Madeline, Kia Williams, and the Manager of the Country Club, Peggy.

It was a great way to thank the Coconut Creek Police for their service and enjoy a great afternoon in our A/C Billiard & Pool Room.

















IMPORTANT NOTICE

All construction done inside your dwelling needs Wynmoor approval first. Then permits from the Coconut Creek Building Department must be pulled.

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Clubs and Activities

American Legion Post No. 170

By Milt Brent



American Legion Post No. 170 will be meeting on September 9, 2019 in the Wynmoor West Wing at 7:30 PM. We request all American Legion members and Veterans living in our area and Wynmoor to join us at our meeting. Please contact Milt Brent, Financial Officer, at 516-606-2388 if you're interested or need information about our Post and its activities.

Thank you in advance for your assistance to this request. Should you require additional information, please contact me at 516-606-2388.

Billiard & Pool Club

By Bob Horowitz

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included; Karaoke night, comedy club night, group BBQ and Dance, Club Pool & Billiard tournaments, and other social events.

For more information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting, email *WynmoorPoolClub@gmail. com*, or come into the room and look for event sign-up sheets. You can also join our Facebook page "*Wynmoor Poolclub*"

To join the club, come to a meeting or see a club official when in the pool room. Club Officers for 2019 are: Co-presidents- Bob Horowitz & Ralph Rubin, V.P.- Mike Nash, Secretary- Mike Brodie, Treasurer- Rose Ortiz. Cost to join the club is \$5 a year.

Next Pool & Billiard Club Meeting is 10/13/2019 in the multi-purpose room (next to Main Pool/grills) 11:00 AM, come meet & greet fellow pool players. Bagels and Coffee will be served. Cost \$1 for members, \$5 non-members.

Wednesday Night Pool Tournaments:

Join us every Wednesday night at 6:00 PM. This Tournament is handicapped for all skill levels. All Residents and their guests* are welcome!

Enjoy AC comfort while having fun and meeting new friends!!

POOL LESSONS: Put your name on the pool lesson sign-up sheet in the Pool Room or email us to schedule no cost Pool Lessons for Wynmoor residents. Wynmoorpoolclub@gmail.com

Wynmoor Pool & Billiard Room:

All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. With boasting 14 tournament grade regulation size pool tables, 4 heated- billiard tables and one regulation snooker table, this club has been called the "best Pool, Billiard, and Snooker venue, public or private, in all South Florida."

Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 AM to 12:00 Midnight.

Women's' Pool Team, "The MzCues:"

Explore a new activity, make new friends and have fun in our A/C pool

room. This is for beginners and advanced players. Join us Tuesday from 3:00 PM - 5:00 PM. Residents and their guests are welcome.*

* All Events are Free for Wynmoor residents. Guests must register and pay a guest fee.

BOOKIES

By Laura Kirschner

Be sure to join us on Tuesday, August 6, 2019. We will be discussing the book, "Girl In Translation," by Jean Kwok.

Our selection for September will be "The Silent Patient," by Alex Michaelides. We will continue to meet the first Thursday of each month in Ballroom C at 7:30 PM. Looking forward to seeing you there!

Camera Club

By Nancy Landman

Membership is open to all Wynmoor residents with an interest in photography, regardless of their skill level or type of camera. The club offers instructional programming, entertaining multi-media presentations, informal critiques, field trips, and small group mentoring.

There is also a club member's newsletter, "*The Focus*," that displays club member's photos, club activities, and informative articles.

We encourage people with *beginner* skills through *advanced* skills to enjoy and share the benefits of a photography club, to gain experience and knowledge, and to help each other grow in order to achieve and promote photography's excellence and fun.

Yearly membership is \$10 per person, \$15 for married couples.

New to the club? Your first meeting is FREE!

We will have some small group meetings throughout the Summer. Bring your camera and your questions. We will resume our regular meetings in November.

Come join us! For more info, call Nancy Landman at 954-979-9894.

Contract Bridge Club

By Phillip Cummins

There are many options for playing Bridge at Wynmoor each week. There are ACBL sanctioned games on Mondays and Wednesdays at 7:00 PM. There is a Friday game at 12:30 PM. Please note the new time. All of these games are held in the East Wing. The Saturday afternoon game has been suspended until further notice, as has the Saturday morning mentoring program. There are also social duplicate games on Tuesdays and Fridays at 12:30 PM in the East Wing. Please note the new location for the Friday game. There is a Bridge lesson on Fridays at 12:00 Noon. Two notes: For a partner, call Gerri Silverman at 954-978-2457. Also, please remember to arrive fifteen minutes before game time to help the director organize the game.

Continued on page 37

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Wynmoor Women's Team The "MzCues"

Come join us every Tuesday 3:00 PM - 5:00 PM to meet new friends, learn and have some fun! We use a handicapping system so weaker players can win. Win or lose, we're all having fun, learning and enjoying the camaraderie.



Week 18:

We played 9-Ball matches today. Bunny took 1st place with 5 wins and Gloria was 2nd with 4 wins. *Photo L to R: Gloria, Bunny*



Week 19:

Welcome back Madeline from your vacation. Thank you, Carol, for the 8 and 9-Ball rule sheets and the new flyer. Our matches have created friendships and have been fun for all. All levels of play are welcome. Carol took 1st place with 6 wins, Sandi had 4 and Eileen and Madeline tied for 3rd with 3 wins. Photo L to R: Carol, Sandi, Eileen & Madeline



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Continued from page 35

Clubs and Activities

Fun With Friends

By Lou Kravitz

We are on vacation until November 17, 2019. We are planning exciting things for the coming Season, maybe a Xmas and Chanukah party. The January White Dance will feature beautiful decorations from "It Takes Two" and, of course, Shelley Mark. We are busy lining up the other groups now. Have a great Summer and do not forget how to dance and how to have Fun With Friends. Check your emails from Joan Summers to keep up to date. Have a great Summer. Any questions, call Lou Kravitz 212-826-6168.

Hadassah Card Party

By Marilynn Stoloff

Wynmoor Hadassah has scheduled its Summer card party for Wednesday, August 7, 2019 in the West Wing 10:00 AM until 3:00 PM.

Contact Natalie Gorelick to reserve a table and pay for the box lunch provided by Bagel Snack. The cost is \$18 per person and proceeds go to charity.

This is a chance to get together with friends during the Summer even if you do not play cards. For more info., contact Natalie Gorelick: 3102 Portofino Point Apt N-1, Coconut Creek, FL 33066 or call her at 954-981-1673.

Ladies Circle

By Jo Bakalar

The Ladies Circle is a social club open to all Wynmoor residents. We have entertaining guests, interactive programming, and exciting trips.

"Aloha!" Get ready for one of our most exciting meetings! This month, our meeting will feature Alan Richmond, owner of the "Aloha Foot Spa and Salt Room" in Margate. Alan will explain the therapeutic benefits of their salt therapy room, which uses Himalayan salt to detoxify your lungs. There are many other benefits to the salt experience which will be explained at the meeting. In addition, Mr. Richmond will provide gift certificates for a salt room experience to everyone attending the meeting. The Aloha Foot Spa also provides foot massages, reflexology, and deep tissue body massages.

Although this special presentation is open to all, you must RSVP by Monday, August 19th to Beverly Trapper at 954-972-4329 so we may adequately prepare seating and snacks for the meeting.

The meeting is scheduled for Thursday, August 22nd at 11:30 AM in Ballroom A. There is a small fee for our bagel snack. For further information about the Ladies Circle, please contact, Iris Arlan, at 954-532-5268.

Latin Women's Club

By Minerva Nazario

The Latin Women's Club will celebrate its 8th Anniversary party and Hispanic Heritage Month on Friday, September 20, 2019, from 7:00 PM - 11:00 PM at Wynmoor Ballrooms A/B. The entrance fee is \$20 pp. A Latin buffet dinner with all its trimmings will be served between 7:00 PM to 8:30 PM. Music will be performed by Mike Rapposelli.

Tables will only be reserved for parties of ten (10) people. If you don't have a party of ten, we still want you to come and enjoy yourself but it will be open seating. For tickets and information call, Ms. Ana Agosto at 954-968-7276 or Ms. Miriam Alonso at 954-673-6542, or you may contact any club member.

The Latin Women's Club meets the last Tuesday of each month from 2:00 PM to 4:00 PM at Classroom 4 of the East Wing. The club meeting for August month will be on August 27, 2019. Our dues are \$15 per year. Refreshments are served. All our meetings are held in Spanish.

For those celebrating a birthday or anniversary, we wish you good health, peace & love, and many more years to celebrate.

For info. about the club, please call Ms. Minerva Nazario at 954-532-3156.

Monday Night Dance And Social Club By Tamara Tresniowski

JUST DANCE

Our Summer dance is a GREAT success. So, don't forget to come dancing every Monday from 7:00 PM - 9:00 PM. During August, we are still dancing FREE. As a member, all you need is to show your Dance Club membership card. If you are not a member, the cost is \$1. Come join us for some Summer fun. There will be no refreshments so bring your own drink and munchies if you'd like.

Nature And Arts Club

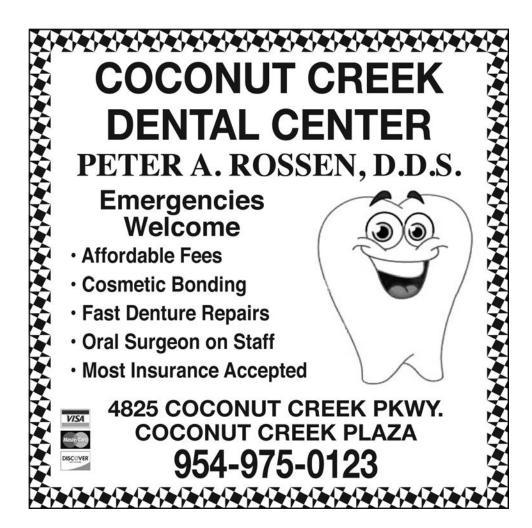
By Cindy Selmon

We hope you are all enjoying the Summer. The club Board has been planning the programs and trips for the 2019-2020 Season. Our Season runs from October through May. In a break with our usual practice, the first meeting will be held on October 17th (the 3rd Thursday of the month) to enable all our officers to attend. This change is a one-time only event.

Dues for the coming year will remain \$15 per person. As of August 1st, dues may be sent to Sheryl Darby Scheiss at 3302 Aruba Way, Apt. J-2, Coconut Creek, FL 33066. Please list your full name if it is not on your check. (If you are Canadian, checks must be drawn on an American bank.) New membership cards will be given out at the first breakfast meeting that you attend.

Over the course of the few months, we will be introducing the new Board members and they will be telling you something about them. The first position that will be highlighted will be Publicity. The Publicity Chair submits Nature and Arts Club articles to NEWS AND VIEWS Magazine and THE IN-SIDER newspaper. In addition, she provides information about club activities to Channel 98. This position is currently held by Cindy Selmon. Cindy is a retired high school social studies teacher from Staten Island, N.Y. She loves the club because of the stimulating programs and friendly people. She and the other officers welcome everyone who enjoys learning more about what South Florida has to offer! If you have any questions, please contact Nancy Heller Moskowitz, President at 954-973-2181.

Continued on page 38





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Continued from page 37

Clubs and Activities

Needlework Click

By Barbara Bilello

Our August meetings are the second and fourth Tuesday, the 13th and the 27th. We meet in the West Wing from 1:00 PM - 4:00 PM. We serve coffee, tea and yummy snacks.

If you have new neighbors, bring them along. If anyone has yarn they no longer use, we will gladly pick it up. Call Barbara at 754-222-6375.

Remember, we donate everything we make to various groups. We just donated a lot of articles that we all made. They are as follows: Respect Life: 33 baby blankets, 49 hats, 1 set of booties and 1 sweater; the nursing home: 31 lap robes and 5 shawls; the homeless shelter: 14 blankets, 10 children's purses; Chemo hats: 137. It gives us great pleasure when we deliver all the items that we donate.

We want to thank all that donate items and all the yarn that we have received. It is greatly appreciated.

Enjoy the rest of the Summer. If you want to make new friends, please join us. We are a friendly group. We have crochets, knitters and chatters.

Pickleball Club

By Sandra Cohen

Even during the warm Summer weather, Pickleball continues to go strong. If you want to learn the game, get great exercise and meet new friends and neighbors, visit the Pickleball courts and talk to our friendly members. If you have time on Sunday mornings, come to the Pickleball courts for *free* lessons every Sunday from 9:00 AM - 10:30 AM. We supply racquets and balls for the lessons. So, you don't need to buy equipment until you decide to become a regular player. We hope to see you soon.

Video and Film Club

By Diane Williams

We meet the third Thursday of the month at 10:00 AM. Our office is beside the Wynmoor movie theatre, near the West Wing. We are looking for people with an interest in learning and participating in the art of moviemaking, film projects and scriptwriting. Our Annual membership fee is only \$10. For information about joining our club, please contact Danny Piccirilliat via email at dannypiccirilli@Qmail.com

Fishing Club

By Eddie Kopple

Our monthly get-together will be Monday, August 5th between 9:00-9:30 AM at Bagel Snack, 1237 S. Powerline Rd. If you are interested in fishing, please join the Fishing Club first. The Official meeting will be Monday, October 7th, "Ballroom C." I hope by then, most or all of our snowbirds will be back. Dues are \$20. Coffee and bagels are served. If you have any questions, call Eddie 215-429-6138. If I don't answer, please leave message, and I will get back to you.

Wynmoor Amateur Radio Club

By Gerry Stoloff

The W.A.R.C meets every Friday morning at 9:00 AM in the Multi-Purpose Room near the main pool and we meet all year round. At 10:00 AM, we move to the "Ham Shack," located in room #118 on the West end of the Administration Building. Visiting Amateur Operators are welcome to operate from our station. Just be sure to bring a copy of your ticket (license) along with you. For further information, please contact Gerry Stoloff, WA3HDI, via email: gpstoloff@comcast.net or call 954-973-4899.

Wynmoor Hurricane Emergency Net By Gerry Stoloff

Well, we've now completed our kick-off breakfast meeting and our first 3 weekly meetings on the air. We had 55 people at the breakfast meeting and at time of printing, we've already issued 8 new members their radios.

Although we had a record turnout, we're still short of people to fully cover every village. Our goal is to have at least one operator in each village, ideally with more than one so that they can share the coverage. The commitment we ask is to check in most Wednesday nights for 10-15 minutes for radio training and to be available to serve *after* the event of an actual weather emergency.

You don't need prior experience in using a CB radio. We'll teach you how to connect it up in your car and the weekly meetings will provide experience in proper communications procedures.

If you'd like to join us or you're a previous operator, please contact Gerry Stoloff at 954-973-4899 or come to the Country Club Clock Tower any Wednesday evening at 6:30 PM.

Writers Workshop

By Nancy Heller Moskowitz

Dear Writers, I'd like to remind all of you of some reasons why you would enjoy the Writer's Workshop. Purpose: To share in the love of writing. Meeting time: 10:00 AM - 12:00 Noon. Day of the Week: Saturday. No membership dues or fees. Creativity level: From beginner to published author. What are the requirements? Desire, interest in others and what they have to say. Come join us each and every week all year long. For more information, contact, President, Nancy Heller Moskowitz at 954-973-2181.

Canasta Tournament

By Ann Elkin

Players wanted! Please come and spend a beautiful morning and afternoon playing Canasta. Meet lovely ladies and win money also! We meet every Thursday morning at 10:00 AM in the East Wing. Entrance fee is \$5 to play. For more info, call Ann Elkin at 954-978-0911.



Join a Club - There is Something For Everyone!



FREE POOL LESSONS

By Bob Horowitz

Ralph Rubin, Co-president of the Pool and Billiard Club and Tournament Director, is available for lessons from beginner to advanced.

Sign up in the Billiard Room. A signup sheet is available near the front entrance to the room. There is no cost for these lessons.

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The Broward County Property Appraiser's Office mails the TRIM (proposed tax) Notices in mid-August each year. The proposed property tax notice will show your 2019 property assessment, exemptions and the proposed taxes along with dates and times for the various taxing authorities' public budget hearings. The TRIM Notice is your opportunity to review your property assessment and ensure you are receiving all the tax-saving exemptions you are entitled to. Our office's contact information will be listed on the newsletter enclosed with the TRIM Notice giving you the opportunity to contact us directly should you have any questions. The absolute deadline to apply for any 2019 exemption or to appeal your property assessment is September 18, 2019.

Many property owners ignore their TRIM Notice until it is too late to appeal an assessment, question the proposed tax rates or file for exemptions. If you wait until you receive your tax bill in November to inquire about your property assessment, you will lose your right to appeal. The first thing to know is your taxes are calculated using this formula:

TAXABLE VALUE x TAX MILLAGE RATES + SPECIAL ASSESSMENTS = TAX BILL.

The Property Appraiser determines the market value and assessed/Save Our Homes value of your property. Your tax rates and non-ad valorem fees are set by the various taxing authorities (School Board, County Commission, City Commission, Hospital District Board, Water Management District, and so on) listed on your TRIM Notice. If you want to question your proposed

tax rates, non-ad valorem fees, special as-

sessments or services, you should contact the elected officials who serve on these taxing authorities and attend the public hearings in September 2019.

Important: The Property Appraiser does not set your tax rates or collect your taxes. Your tax rates are set by the city and county Commissions, School Board, and other taxing authorities. Additionally, any PACE (Property Assessed Clean Energy) assessments are not included on the TRIM Notice but will appear on the November tax bill sent by the Broward County Tax Collector.

Why are my property taxes higher than the prior owner's last year?

Florida law requires property be reassessed at market value as of January 1st the year following a change in ownership and/or the year the property receives/loses the Homestead Exemption. After this reset in value occurs, the property will be protected by an assessment cap starting the following year. For Homesteaded property, the Assessed/Save Our Homes (SOH) Value can increase by no more than 3% above last year's Assessed/SOH Value (or the consumer price index, whichever is less), regardless of the increase in just value. For tax year 2019, the assessment increase is capped at 1.9% for all Homesteaded properties. For non-Homesteaded property, the assessed value can increase by no more than 10% above last year's assessed value. The 10% cap does not apply to the School Board taxes.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at 954-357-6904 or by email at martykiar@bcpa.net



Recreation Events & Field Trips

Sawgrass Mills Mall ~ Wed., August 21st ~ \$10 Come beat the Florida heat. Shop, eat, walk, catch a movie and leave the driving to us. We will depart Tract 1000 at 10:30 AM. Registration began Thursday, June 6th.

WMQDA (Weiner Museum of Decorative Arts) ~ Wednesday, August 28th ~ \$49

Enjoy a docent tour of "Firing the Imagination," an outstanding collection of British and European ceramics, featuring thousands of works by the world's most iconic names, including Wedgwood and Royal Doulton. The role of ceramic art in fashionable interiors of the 19th and 20th Centuries is evoked with displays from the arts and crafts, Art Nouveau, and Art Deco Eras. Among the highlights of the contemporary collection is the work of the Ardmore Studio in South Africa where Zulu artists make vibrant ceramic art featuring Chihuly and tea lunch. Lunch includes selections of turkey on wheat, albacore tuna on a mini croissant and cage-free egg salad on white bread sandwiches, a mozzarella Caprese skewer, a freshly baked tea pastry, a cranberry scone with orange marmalade and freshly brewed lemon mint iced tea. Register now. Registration ends on Thursday, August 1st.



For more info, call Recreation: 954-978-2600, press 1. Register in the Recreation Office, Monday-Friday, from 8:00 AM - 4:45 PM and the Country Club Business Center, Monday-Friday, from 8:00 AM - 12:45 PM and 2:00 PM - 5:00 PM. All Recreation trips include transportation. Residents are responsible to be ON TIME for each departure to and from venues. Recreation events/trips are subject to change/cancellation. The events/trips listed above may be sold out by the time this publication is printed.



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HUGUST CLASSES

Monday:

AARP: Monday and Wednesday, August 5th and 7th from 1:00 PM - 4:00 PM for TWO DAYS; \$15-\$20.

Art Painting (DeRosa): Begins August 5th from 1:00 PM - 3:00 PM for 4 weeks; \$40. Chair Yoga (Charland): Begins August 5th from 1:00 PM - 2:00 PM for 4 weeks; \$28.



Tuesday:

Line Dancing (Levitan): Begins August 6th from 10:AM - 11:00 AM for 4 weeks; \$28.

Wednesday:

Art Painting (DeRosa): Begins August 7th from 10:00 AM - 12:00 Noon for 4 weeks; \$40.

Beginners Tap Class (Jankelevich): Begins August 7th from 9:00 AM - 10:00 AM for 4 weeks; \$32.



Canasta (Levitan): Begins August 1st from 3:30 PM - 5:30 PM for 5 weeks; \$45. Mah Jongg (Levitan): Begins August 1st from 1:00 PM - 3:00 PM for 5 weeks; \$45.



Yoga (Charland): Begins August 3rd from 9:00 AM - 10:00 AM for 5 weeks; \$35.



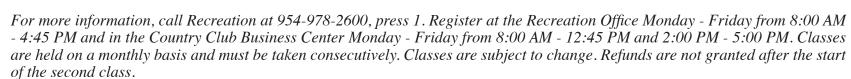
Golf Lessons (Battersby): Private sessions available.

Tennis Lessons (Long): Private sessions available.

Wynmoor Personal Trainer (Anderson): Private sessions available. (Free demos: Tues/Wed., 5:00 PM - 7:00 PM).

Wynmoor Personal Trainer (Hamburger): Private sessions available. (Free demos: Wed., 12:00 Noon - 2:00 PM).

Wynmoor Personal Trainer (Walbert): Private sessions available. (Free demos: Tues. 5:00 PM - 7:00 PM).















The INSIDER newspaper wants to publicly wish you a Happy Birthday! Send us your name and date of birth and we will publish it in our Wynmoor AMAZING ONE ders column. You truly are AMAZING!!!

DOORS, INC.

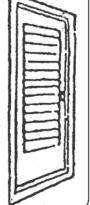
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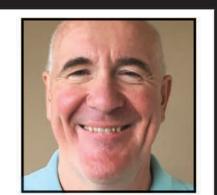
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> Judy Henry, President (954) 971-4748



Upcoming library Events...

North Regional/Broward College Library

1100 Coconut Creek Blvd. • Coconut Creek, FL 33066 • 954-201-2601





















AUGUST PROGRAMS

Thursdays: 12:00 Noon -1:00 PM. **Tuesdays:** 6:00 PM - 7:00 PM.

Tech Space: Digital Downloads Open House. Learn how to access and download the library's free books, music, magazines and movies to your devices. First come, first served. Check in at 2nd floor Information Desk for location.

Thursday, August 1st: The Universe of Alfred Hitchcock. Movie & Discussion. 12:00 Noon - 3:30 PM, Room 154. Call 954-201-2601 for movie title.

Saturday, August 3rd: Adulting 101: Learn about Manufacturing Jobs. Have you ever considered a new career in the manufacturing industry? Did you know that everything made must pass through a machine shop? "Everything" includes cell phone, automobile parts, computers and your grandmother's artificial hip. Join us in this free workshop to learn ways to take your career to the next level, 10:30 AM - 12:30 PM, Room 226.

Saturday, August 3rd: A Universe of Songs with Dre Acevedo. A well-rounded power house singer/songwriter who has been singing since the age of four. He has performed at some of the biggest venues in the world including the LA Staples center and Madison Square Garden. Light refreshments will be served, 3:00 PM - 4:00 PM Room 154. *Sponsored by Friends of North Regional/BC Library*.

Monday, August 5th: The Universe of Alfred Hitchcock, 2:00 PM - 4:30 PM, Room 154. Call 954-201-2601 for movie title.

Wednesday, August 7th: Knitting Space. Join our monthly knitting circle. A great way to get yourself knitting more and to meet other people who share your interest. All levels are welcome. 4:30 PM - 6:00 PM, Room 154.

Tuesday, August 13th & 27th: Coffee & Conversation. An opportunity for friendly dialogue between library professionals and the community. Light refreshments will be served, 2:30 PM - 3:30 PM, Room 226. *Sponsored by Friends of North Regional/BC Library*.

Wednesday, August 14th: Ageless Grace. A fitness and wellness program that consists of simple exercise tools designed for all ages and abilities. These exercises, based on everyday movements are natural and organic, and focus on the healthy longevity of the body and mind. Presented by certified instructor Eleanor Robinson, 1:30 PM - 2:30 PM, Room 226. *Sponsored by Friends of North Regional/BC Library*.

Wednesday, August 14th: Representatives from the North Broward *Social Security* office will be available to answer questions and provide information, 2:00 PM - 4:00 PM in the Lobby.

Saturday, August 17th: Inner Space, Inner Peace! Gentle Yoga for Beginners. Enjoy the benefits of yoga through gentle movement and breath work. Bring your mats and join us! No previous experience required with certified instructor Amy Amadon, 10:30 AM - 11:30 AM, Room 154. *Sponsored by Friends of North Regional/BC Library*.

Wednesday, August 21st: Foreign Film Series: Discussion & Commentary with Shelly Isaacs, 2:00 PM - 4:30 PM, Room 154. Sponsored by Friends of North Regional/BC Library. Call 954-201-2601 for movie title.

Friday, August 23rd: Representatives from the *Broward County Property Appraiser Office* will be available to answer questions. 10:00 AM - 11:30 AM in the Lobby.

Saturday, August 24th: Human Trafficking and the Role of the Healthcare Professionals presented by Dr. Ileana Pino, Dr. Didilia Garces, Dr. Marie Etienne, & David Gonzalez of Miami Dade School of Health Sciences. 14,000 to 17,000 people are trafficked yearly in the U.S. Most healthcare providers do not know how to identify, assess, and manage the care of suspected victims. This event is primarily for healthcare professionals & students. Come and learn how you can be the solution to stop this modern-day slavery, 1:00 PM - 3:00 PM, Room 154.

Monday, August 26th: Florida Licensing On Wheels. DMV offers a selection of services: First time licenses, convert out of state license, renewals, replacements, address/name change, ID cards, reinstatements, and emergency contact information. Fees are applied, 10:30 AM - 1:30 PM in the Lobby.

Thursday, August 29th: Friends of North Regional/BC Library Cultural Gems Summer!

"The History of Chocolate" presented by Myrna Goldberg. Its origin, the story of Hershey, the Mars Company, Lady Godiva and others. The discussion includes a segment detailing little-known facts about this flavor such as: Is chocolate an aphrodisiac? How much chocolate does the average American eat in one year? And more. Light refreshments will be served. Free to Friends of North Regional /BC Library members and Broward College students. Fee for non-members is \$5 per program, or you can purchase an Annual Friends of North Regional/BC Library membership for \$10,2:00 PM - 3:00 PM, Room 154. Saturday, August 31st: Inner Space, Inner Peace! Yoga Nidra Meditation with certified instructor Amy Amadon. Let go of tension and stress. Feel free to bring a blanket and/or pillow to get comfortable, 10:30 AM - 11:30 AM, Room 154.

Language Classes:

Tuesdays: English Café: Conversational practice session for intermediate learners of English, 6:30 PM - 7:45 PM, Room 226.

NEW Citizenship Classes:

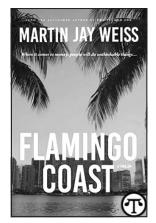
Saturday, August 3rd, 10th, 17th: Self-paced question and answer practices and drills for individuals preparing to take the U.S. citizenship exam. General information, sample test questions with answers and access to the citizenship application. Citizenship eligibility, fees, and special cases will be discussed, 2:00 PM - 4:00 PM, Room 226.

Coming in October:

Saturday, October 5th: Celebrate Hispanic Heritage with internationally renowned violist, David Pedraza, 3:00 PM - 4:00 PM, Room 154. *Sponsored by Friends of North Regional/BC Library*.

Thursday, October 24th: Friends of North Regional/BC Library Cultural Gems present Grammy Award winning trumpeter Curtis Taylor. Free to Friends of North Regional /BC Library members and Broward College students. Fee for non-members is \$5 per program, or you can purchase an annual Friends of North Regional/BC Library membership for \$10, 2:00 PM - 3:00 PM, Room 154.

Enjoy These Tales Of Danger, Strange Events And A Memorable Life

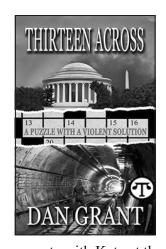


"Flamingo Coast" by Martin Jay Weiss

"They harbor the largest network of wealthy expatriate fugitives in the world, changing their identities, laundering their assets, helping them purchase property in impenetrable safe havens." They are Flamingo Enterprises of Grand Cayman Island. And in "Flamingo Coast," they harbor Max Culpepper, a criminal hedge fund manager who—out on bail in Manhattan, awaiting trial—has escaped and is hunted by former IRS special agent Jennifer

Morton, fired by the IRS after apparently obtaining evidence illegally against Culpepper. Jennifer wants revenge on Culpepper—and she gets the opportunity.

To purchase "Flamingo Coast" (Rare Bird Books), visit https://amzn.to/2Zb6uiw.



"Thirteen Across" by Dan Grant

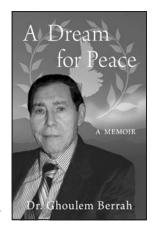
Seven subway stops. Seven sets of clues. A ticking clock and race across the nation's capital. Phillip Barnes blames FBI special agent Kate Morgan for murdering his family and he is determined to make her atone. He throws Kate into a dangerous catch-me-if-you-can puzzle, with the challenge to save others. Barnes not only wants to torture her but expose her past. The FBI brings in a real-life crossword puzzle expert to help figure out the upcoming subway stops and solve the riddle, which brings to light covert

secrets with Kate at the center of a disturbing conspiracy. Will she survive? "Thirteen Across" (MindScape Press) is available at http://bit.ly/2Wx64Gr.

"A Dream for Peace"

by Ghoulem Berrah

He was a freedom fighter turned diplomat committed to a lifelong search for global peace. "A Dream for Peace" is the personal memoir of Dr. Ghoulem Berrah, tracking his incredible journey fighting for the independence of his homeland Algeria, as a man of science, and an international diplomat who rubbed elbows with some of the world's most prominent people, all the while dedicated to working for peace. This is a fascinating memoir and a character study of the highest order.



You can get "A Dream for Peace" (Dr. Ghoulem Berrah Foundation) at https://amzn.to/2QXp4YC.

"Bulwark"

by Brit Lunden

Think "Hansel and Gretel" meets "Friday the 13th." They say she comes back every 50 years. She needs fresh blood to stay young and beautiful and she takes children. Steals them and keeps them. Welcome to Bulwark, a fictitious small town that's not as cute and quiet as it seems in this novelette by Brit Lunden. Follow Sheriff Clay Finnes as things get strange, he hears fantastical stories from an accident victim, and a visit to the ominous Gingerbread House makes him realize life as he knows it will never be the same.



You can find "Bulwark" (Chelshire) at https://amzn.to/2Wz5AiX.

Taken from NAPS

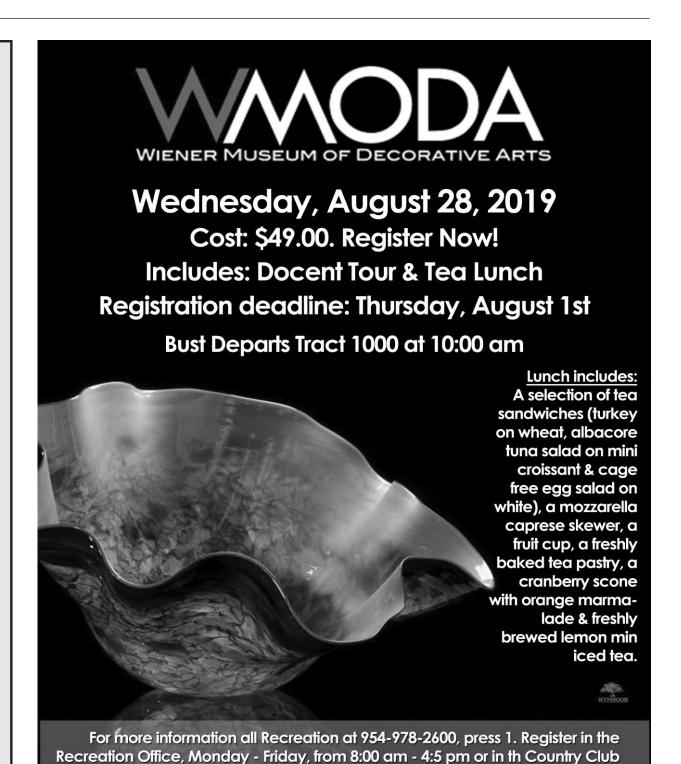
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Business Center, Monday - Friday, from 8:00 am - 12:45 pm & 2:00 - 5:00 pm.



HISTORY CORNER

By Philip Edwards

Benedict Arnold: Hero Turned Traitor

Arnold was a true hero who can be credited with saving and winning the Revolutionary War for the Americans. Very few gave the colonists any chance of winning. No country even considered siding with America.

General Burgoyne was advancing South through New York with 9,000 troops and General Howe was advancing North with 15,000 men to meet up with Burgoyne and destroy the Continental army. General George Washington ordered General Gates to stop Burgoyne in New York while he confronted Howe in the South. Benedict Arnold was assigned to Gates' command, and the two were badly suited for each other. Arnold was super aggressive on the battlefield and Gates, believing the Americans, could not stand toe-to-toe with English always opted for a defensive position. On the first day of battle at Saratoga, the British won the day. Arnold and Gates got into a screaming match over strategy. Gates relieved Arnold of his command and ordered him to return Washington's army.

When the second battle began, Gates hesitated to engage. Arnold had not departed and was still in camp. Observing the action, he was appalled at



Gates indecisiveness. The Americans were taking it on the chin again. Arnold's blood boiled over to a smoldering rage that ignited. He raced to Gates and begged him to engage. Gates refused and told Arnold he had had enough of him and to get out. Arnold did what he did best. He acted.

Leaving Gates tent, Arnold jumped on his horse and headed for the front lines. Gates ordered men to give chase and stop him. Arnold reached his men first and they cheered his arrival. They did not know he was not in command and had no orders. Arnold rallied his men and led the charge. Even though two buildings were heavily defended, he charged straight between them. Those on the ground said it was a miracle he had not been hit with bullets that were whizzing all around him. Arnold broke the defenses of the Brits. They scattered and this opened a hole for colonists. This made it possible for Arnold's men to attack the main body of the English. It became a total rout of the English.

Unfortunately, a musket ball hit Arnold's leg and shattered it. To add insult to injury, his horse also was hit, and it fell crushing the leg that had just been broken. The Americans won the battle, captured General Burgoyne, his staff, 6,000 troops, their armaments, and all their supplies. It was a game-change victory for the Americans. They just defeated the best army in the world and captured much-needed supplies and weapons. This victory became the lightning rod that brought France into the war on the side of the Americans.

Along with Arnold's disagreeable temperament and his belief that he had been disrespected by both the army and congress, gave fertile ground for resentment and hatred grew towards the rebellion. Arnold was accused of crimes from misuse of government property to consorting with the enemy. Charges were brought up for a formal court-martial, but in the end, General Washington only reprimanded him. For Washington, Arnold was his "fighting general."

Arnold needed money. His gambling debts, lavish lifestyle, and marriage to a Tory sympathizer steered him to a road of betrayal. He asked to be the commandant of West Point which controlled access to the Hudson River. For 20,000 British pounds and a position in the English Army, Arnold attempted to turn over the fort to the British. He depleted the number of defenders at West Point and turned over sketches of the fortifications to the Brits.

At the last minute, the betrayal was discovered, but Arnold escaped to a British man-of-war. He was commissioned a general in the British army and fought against the Americans. In every one of his engagement against the Americans, Americans died. All for what, thirty pieces of silver? Now he is remembered as the most notorious traitor in America.

It is a tragedy when one person betrays another. Deep pain results in the hearts of those betrayed. Worse still is when someone is unfaithful to their own country. There are no words to express when a leader consorts with the enemy and your fellow citizens are tortured and die as a result. Comments can be made at chooserightly.com under "article of the month."

How do you deal someone who betrays you? How should a traitor to your country be treated?

Be A Good Neighbor... Look Out For Each Other!







INSPIRATION STATION

By Diana Stone, M.A., Wellness Consultant and Inspirational Writer and Speaker

Our Presence Heals!

Dear Reader,

When we make our sacred vows to our soulmates, how many of us really consider that we may actually be tested on our vows? Marriage offers the promise of closeness, companionship and comfort in good times and in bad, but often, we only hear of the challenges that marriage or any long-term relationship evokes. Yet recently, I got to experience first hand how incredibly wonderful it is to be loved, cherished and cared for in my darkest, scariest, most painful hour; to be loved, honored and protected when I really needed to be magnified. My love and devotion to my husband had reminded me of how genuinely powerful the presence of our loved ones is in the healing process!

My husband of 13 years and I were off on our Annual romantic weekend away from all of our responsibilities and enjoying a bike ride through a challenging hilly trail in the woods of Georgia. Going uphill took all the strength I could muster but going downhill was even more difficult! I was scared as my breaks didn't seem to be working properly and I felt my tires skid a few times. Even so, we pressed on enjoying the gift of admiring a deer in the woods and breathtaking babbling brooks and the sheer delight of being together in unknown terrain. About 90 minutes into our ride, we were going downhill when seemingly out of nowhere, the trail made a sharp left turn. I tried to break and turn hard at the same time with disastrous results! I completely wiped out! I felt myself fly off of my bike and then I crashed violently onto the concrete trail. The pain was more intense than anything I had ever experienced (worse than childbirth!). There was blood everywhere! My face, hands, arms and chest were all cut and simultaneously, screaming out in pain! Apparently, my upper body caught the impact and my leggings spared my legs. I was hysterically screaming for help and out of the woods came two angels disguised as golfers who quickly got my husband and I back to our resort. I was cleaned up and tended to by their medical personnel and left in the care of my husband. Fortunately, I didn't have any broken bones - just enough cuts to make me feel like the torn apart scarecrow from the Wizard of Ox. Pain medicines only took off the extreme pain but even lying STILL hurt!

Guess what was the only thing that brought me true comfort? Yep! My husband's presence! He patiently cleaned and gently re-wrapped all of my cuts twice a day. He brought me food and adjusted my pillows. He helped me dress and undress as I could not lift my arms. But even more touching than anything he did was how he acted when our vacation, as we envisioned it, shifted from a playful partnership to a caregiver/patient relationship. He acted as if he was the luckiest man on the planet to be able to be by my side and read his magazines and freshen my drinks and keep me company! Just having him near lifted my spirits and eased my suffering.

I was reminded of my childhood asthma days when my mom held me and I felt safe and was sure I would be alright in her care. This thought then led to my memories of my own children when they were younger and struggling with any illness. They all just wanted the same thing - mommy near! They would urge me to "hurry back" even when I just left their side to get more soup! All of a sudden, I understood the beautiful circle of love and how it is actually, in our more challenging moments, that we experience such gratitude towards those who love us so tenderly. I am more deeply in love with my husband now AFTER my accident than I was even before it happened. I'm in awe of how selfless he was and how great it felt to be truly adored when I felt anything but adorable!

Let's be reminded that our presence matters more to our loved ones than we can ever fully comprehend. Let's show up for those we love with more than food and flowers. Let's show up and stay awhile! Love heals! May we all experience the gift of true love! Be well my dear readers, Diana

Diana Stone, M.A., is a Wellness Consultant, inspirational writer and speaker. Connect with her at dianalynnstone@me.com or visit her website: www.dianalynnstone.com

FIND OUT WHAT'S HAPPENING IN WYNMOOR!

Come to the Management Meetings every Tuesday morning at 9:00 AM in the Multi-Purpose Room, located by the Main Pool.

Comments and questions are welcome during Good and Welfare.





Neighborhood Barber

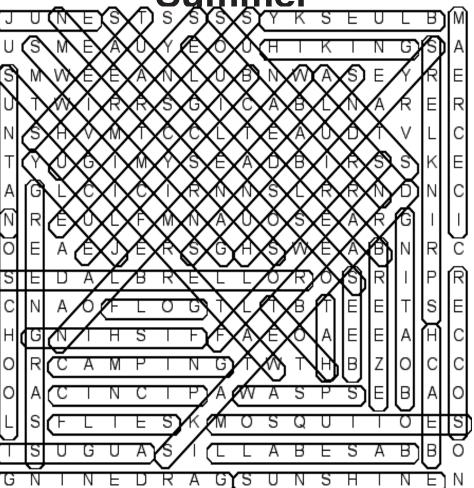
Many Years of Experience



Solutions from page 26

Crossword Puzzle

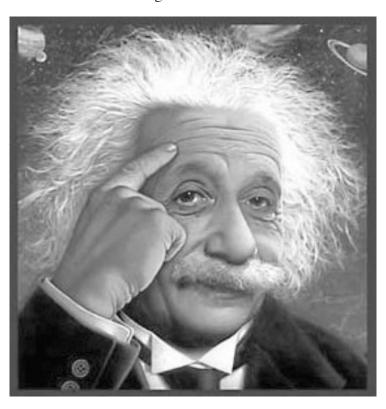




Sudoku

2	1	5	4	6	8	3	7	9
4	9	3	1	2	7	8	5	6
6	7	8	9	3	5	1	2	4
7	5	4	2	1	6		3	8
8	6	9	7	4	3	5	1	2
3	2	1	8	5	9	4	6	7
5	8	6	3	7	4	2	9	1
9	3	2	6	8	1	7	4	5
1	4	7	5	9	2	6	8	3

The hidden message is: SUMMER VACATION



ONE LINERS:

Did you hear about the crook who stole a calendar? He got twelve months.

Did you hear about the semi-colon that broke the law? He was given two consecutive sentences.











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Plumbing & Electric (3 bath max)		
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